June 8, 2026 (+$13.75) | Can't Believe I'm Green

By natemadden1994 · June 9, 2026

TL;DR

On June 8, 2026, the author finally achieved a green trading day after a long losing streak, ending with a profit of $13.75. Despite facing challenges in a bullish market while primarily taking short trades, they reflect on their trading decisions and the importance of aligning with overall market direction.

June 8, 2026 (3 Trades) (+$13.75)

Total | Closed | Open*	3 | 3 | 0
Total Winners	33.33%
Total Losers	66.67%
Total Scratches	0.00%
Symbols Traded*	1
Max Consecutive Winning	1
Max Consecutive Losing	2

Total Winnings (Fees Included)	$51.50
Total Losses (Fees Included)	$-40.75
Net P&L (Fees Included)	$10.75
Profit Margin	20.87%
Commissions	$3.00
Exchange / SEC fees	$0.00
Total Fees	$3.00
Gross Profit (Fees NOT Included)	$13.75
Avg Daily P&L	$10.75
Dividends	$0.00

Avg Position Amount*	1.00
Avg Position Cost*	$37,222.08
Largest Win	$51.50 | 0.14%
Largest Loss	$-39.75 | -0.10%
Avg Win	$51.50 | 0.14%
Avg Loss	$-20.38 | -0.05%
Avg Trade Duration	1 Mins 54 Secs
Avg Win Duration	2 Mins 53 Secs
Avg Loss Duration	1 Mins 24 Secs
Avg Scratch Duration	-

LAST ENTRY	ASSET	SYMBOL	BROKER	PORTFOLIOS	PATTERNS	TYPE	AMOUNT	COST	P&L%	NET P/L $
Jun 08, 2026	Future	.MESM26	TradeStation	Futures	21 EMA Trap, Key Level, +1	Short	1	$37,230	0.14%	$52
Jun 08, 2026	Future	.MESM26	TradeStation	Futures	FOMO, No Setup, +1	Short	1	$37,183	0.00%	$-1
Jun 08, 2026	Future	.MESM26	TradeStation	Futures	21 EMA Trap, Reaction Trade, +1	Short	1	$37,254	-0.10%	$-40

Day Summary: I can't believe I'm fucking green today lol. After a 13 trade loosing streak I was finally able to take a green trade and finish the day green (started the day with two losers). It has been an insane struggle recently (was literally 0-11 on trades I took last week) and it has really affected my mental, but there have been some good trades that were mixed into that streak that would be green 8-10 points and then reverse on me and stop me out. Extremely frustrating but I was right on the overall direction on most of those trades, which is a good thing because I am seeing the bigger picture correctly. I have also been mostly taking short trades in a very bullish market, so no wonder all of my winners have been reversing on me. Again today I took 3 shorts. I need to remember to pay attention to overall direction and take that into consideration when taking trades on the STFs.

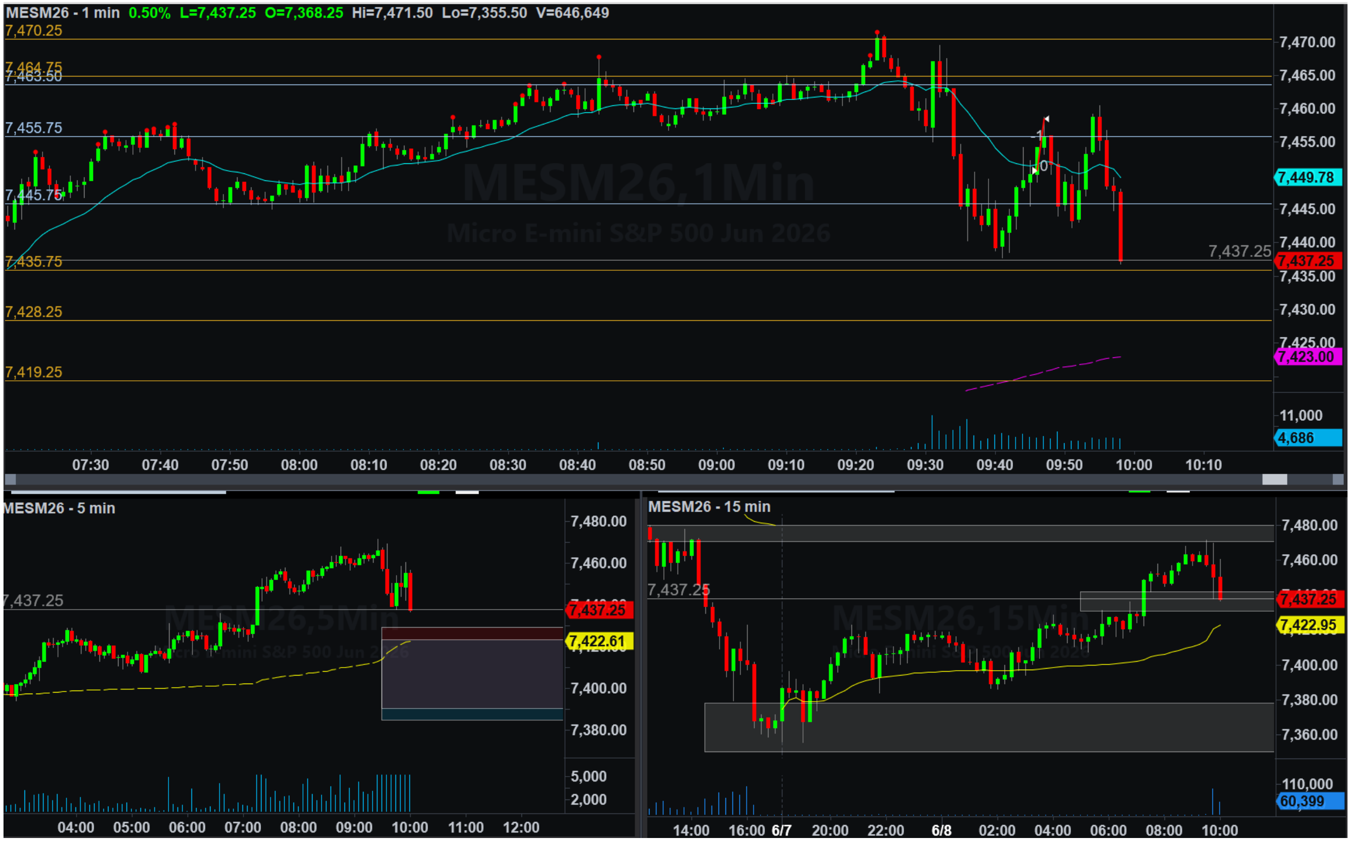
DAILY - ES

5 MIN - ES

TRADES

Trade 1 - Short 1 MES @ **21 EMA Trap + Subpar Set Up + Right Idea, Wrong Timing**

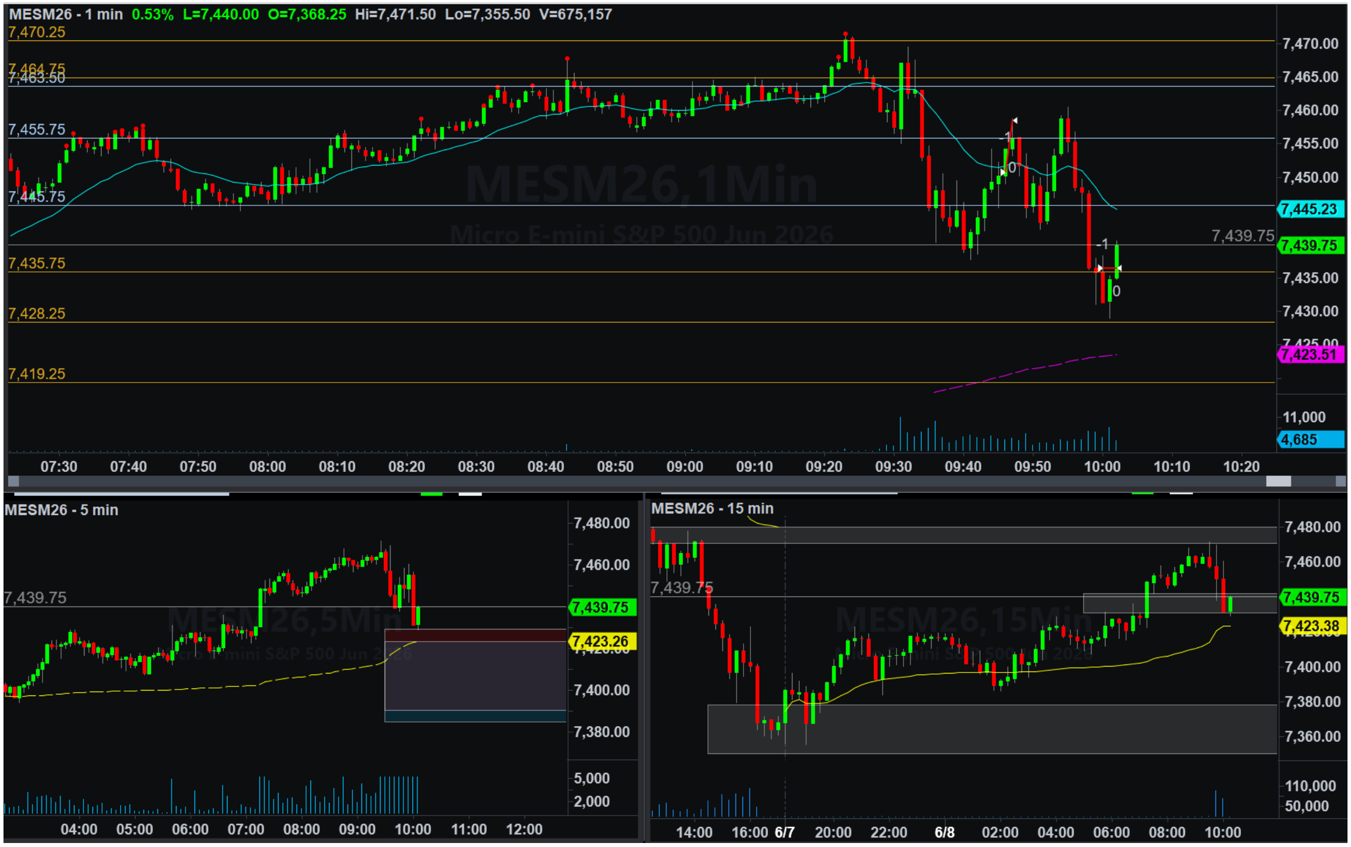
Grade: B-



1. playbook set up - yes - but subpar (price action) - not ideal
2. trading against overall trend - bad
3. stopped to the tick LOL
4. target was 7437.50
5. knew immediately that this was a subpar trade based on PA - pay attention - just not worth the risk, wait for a better opportunity

Trade 2 - Short 1 MES @ **FOMO + No Set Up + Short The Bottom**

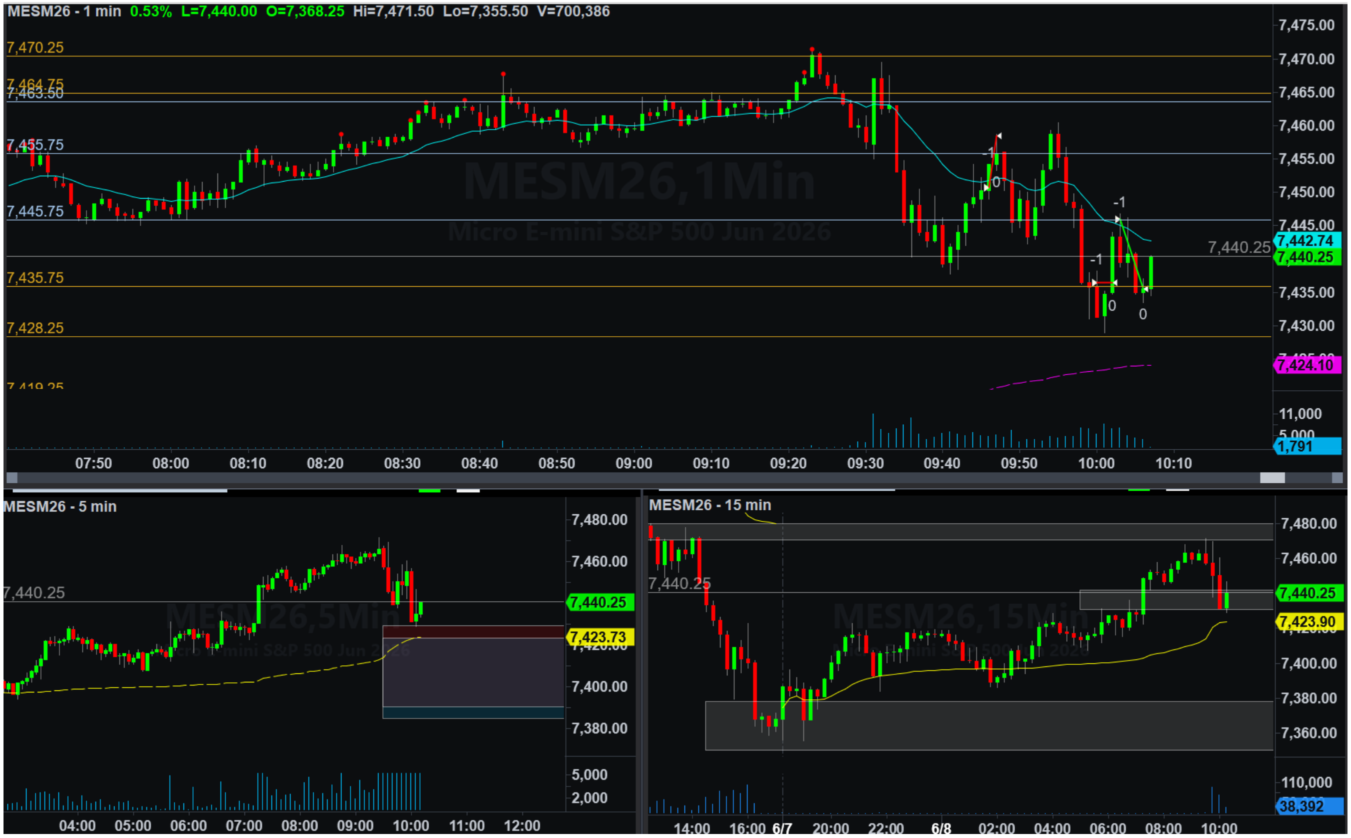
Grade: C-



1. FOMO - bad
2. playbook set up - no - bad
3. short to bottom (in a bullish market) - bad
4. revenge trade - bad
5. breakeven stop was smart on this trade

Trade 3 - Short 1 MES @ **21 EMA Trap + Key Level**

Grade: B



1. playbook set up - yes - good
2. trading in direction of the price action - good
3. overnight trend was up - bad - not ideal for shorting in an overall (Daily) bullish market
4. key level - good
5. subpar set up with chopiness - not ideal
6. tried to hold winner, but finally decided to take profit on a winner and thankfully I did because this was the low!
7. target was VWAP - normally would've been smart to hold for that but I have been getting clapped from holding winning shorts recently

FAQ

What was the author's overall trading performance on June 8, 2026?

The author finished the day with a profit of $13.75 after three trades, marking a significant improvement following a 13-trade losing streak.

What challenges did the author face in their recent trades?

The author struggled with a long losing streak, primarily due to taking short trades in a bullish market, which led to many trades reversing against them.

How did the author feel about their trading day?

The author expressed disbelief and excitement at finally being 'green' after a tough period, highlighting the mental toll of their recent losses.

What types of trades did the author take on June 8, 2026?

The author took three short trades on June 8, 2026, despite the overall bullish market conditions.

What lesson did the author learn from their trading experience?

The author emphasized the importance of considering overall market direction when making trading decisions, particularly in a bullish environment.