August 3, 2026 (+$11.25) | Flipped The Bias | First Review Using The 2000 Tick Chart

By natemadden1994 · August 4, 2026

TL;DR

On August 3, 2026, the author reviewed two trades, resulting in a total gain of $11.25. The day started with a poor short trade due to ignoring chart signals, but a subsequent long trade was successful, aided by the 2000 tick chart. The review highlights the importance of following price action and market trends for better trading outcomes.

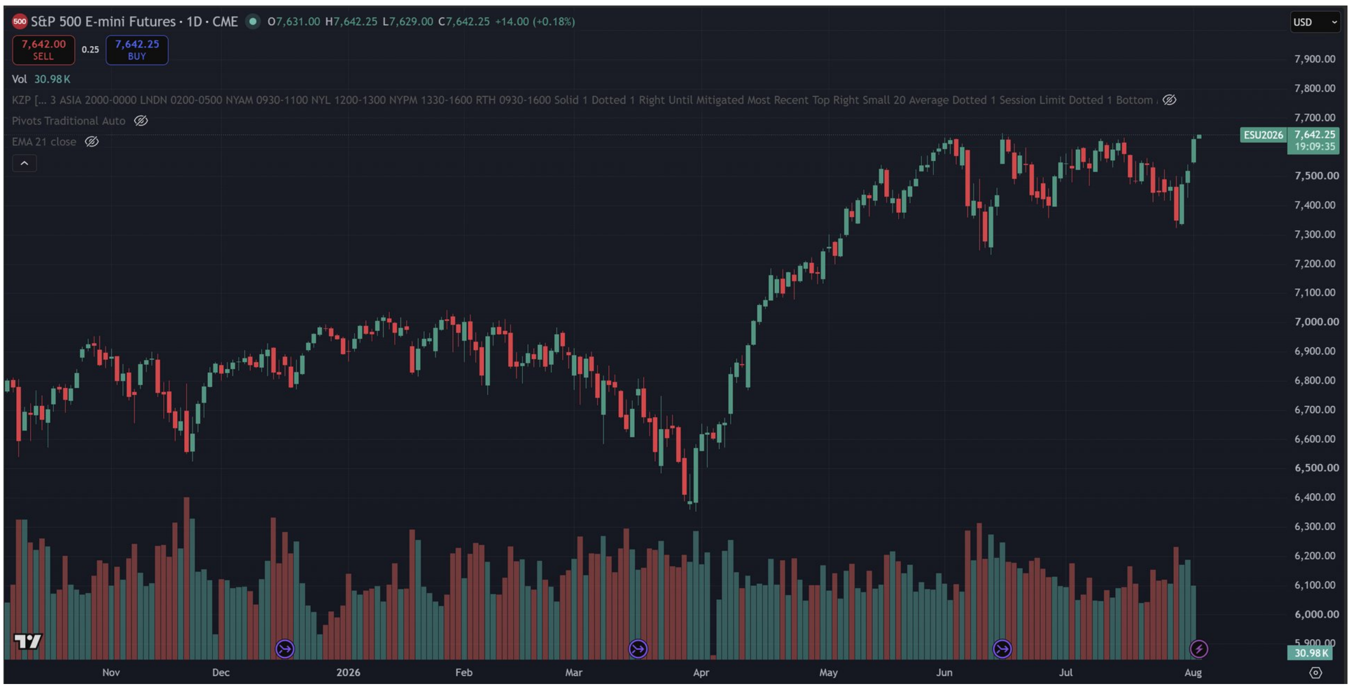
August 3, 2026 (2 Trades) (+$11.25)

Total | Closed | Open*	2 | 2 | 0	Total Winnings (Fees Included)	$34.00	Avg Position Amount*	1.00
Total Winners	50.00%	Total Losses (Fees Included)	$-24.75	Avg Position Cost*	$37,923.75
Total Losers	50.00%	Net P&L (Fees Included)	$9.25	Largest Win	$34.00 | 0.09%
Total Scratches	0.00%	Profit Margin	27.21%	Largest Loss	$-24.75 | -0.06%
Symbols Traded*	1	Commissions	$2.00	Avg Win	$34.00 | 0.09%
Max Consecutive Winning	1	Exchange / SEC fees	$0.00	Avg Loss	$-24.75 | -0.06%
Avg R (Win/Loss)	1.37R	Total Fees	$2.00	Avg Trade Duration	16 m 40 s
Max Consecutive Losing	1	Gross Profit (Fees NOT Included)	$11.25	Avg Win Duration	31 m 42 s
Profit Factor	1.37	Avg Daily P&L	$9.25	Avg Loss Duration	1 m 39 s
Expectancy ($/trade)	$4.62	Dividends	$0.00	Avg Scratch Duration	-
Open trades (count)	0	Portfolio cash (est.)	$0.00	Open cost basis	$0.00
Unrealized P&L (fees incl.)	$0.00	Open market value (MTM)	$0.00	Portfolio NAV (account)	$0.00

Aug 03, 2026	Future	.MESU26	TradeStation	Futures	21 EMA Trap, Aggressive Entry, +1	Long	1	$37,980	0.09%	$34	
Aug 03, 2026	Future	.MESU26	TradeStation	Futures	Fighting The Trend, No Setup, +1	Short	1	$37,868	-0.06%	$-25	

Day Summary: I was a little jumpy to start the day today and, because I was simply thinking about making money, I completely ignored what the chart was showing me and was forcing shorts (Only one on my live account but multple on my evals). Thankfully, I had some luck on the evals and got them back to breakeven on the day, even though I was shorting, before I finally came to my senses and realized the chart was clearly showing that bulls were in control. The DOM really helped me to confirm that the bulls would jump back in and target resting liquidity above on every quick dip. Long was the play today and I did a really good job staying in my second trade on the live thanks to the 2000 tick chart compared to the 1 min chart (a change I just made on Friday, July 31, 2026).

DAILY - ES

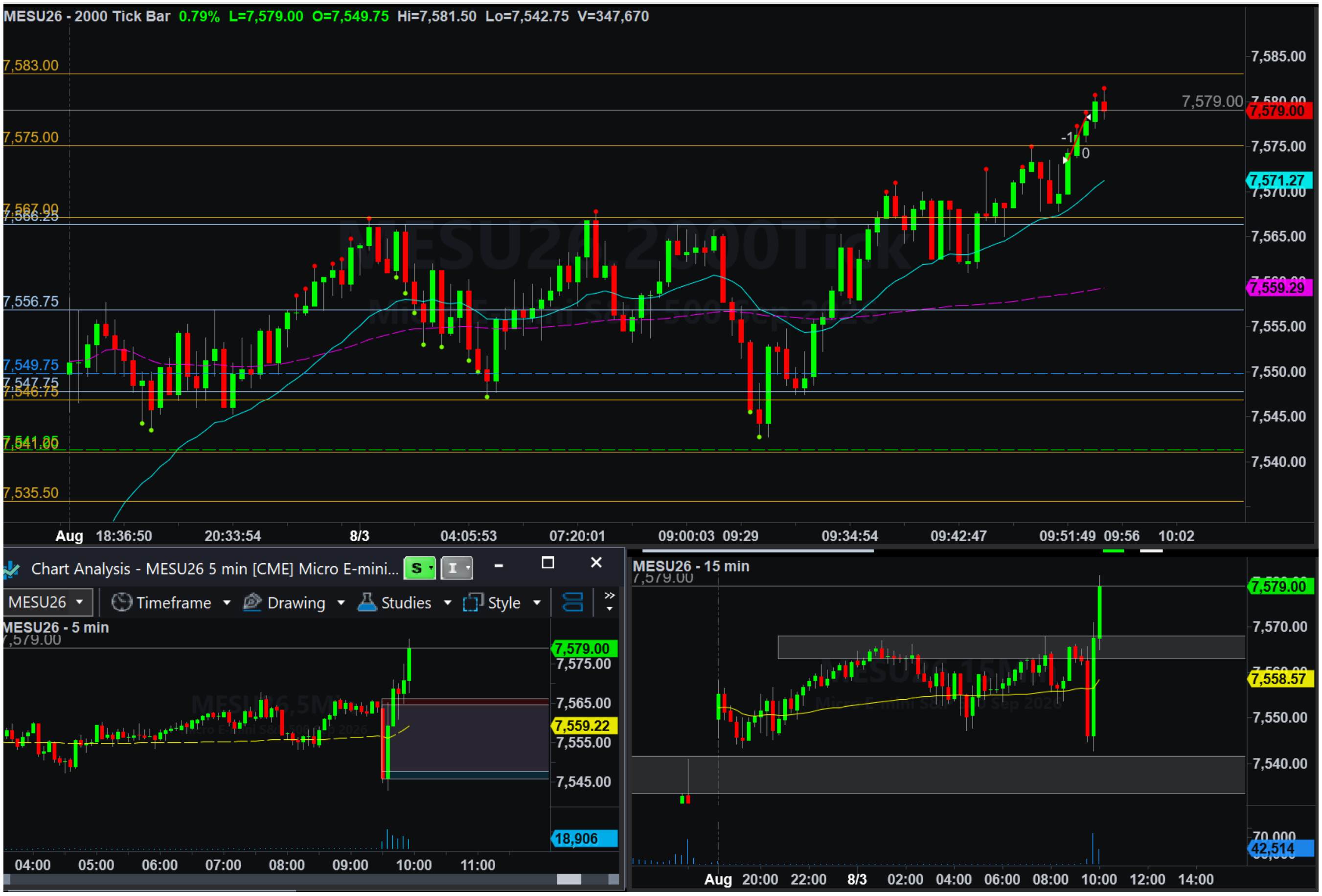


5 MIN - ES

TRADES

Trade 1 - Short 1 MES @ No Set Up + Fighting The Trend + Thinking About The Money

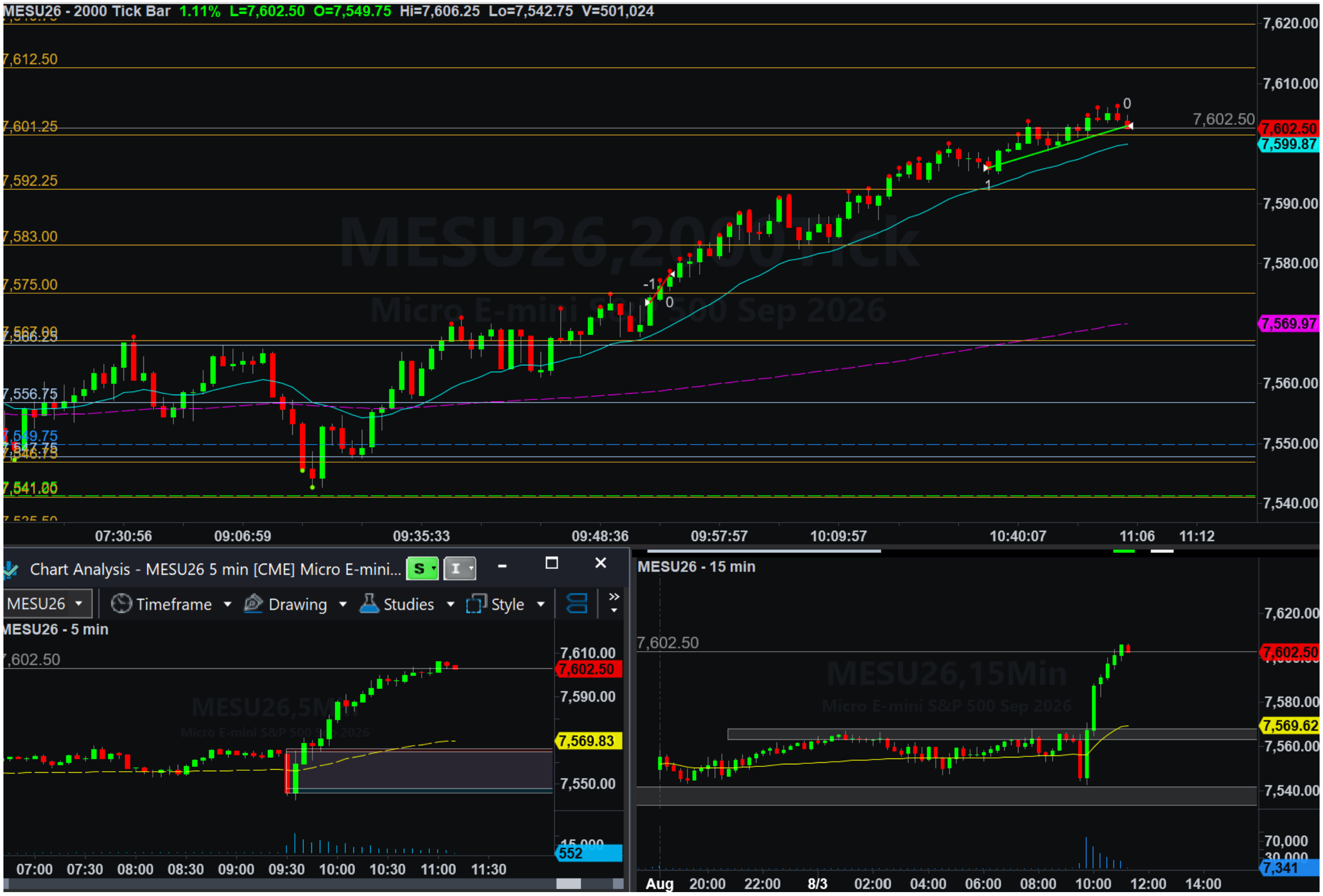
Grade: D-



1. terrible trade - terrible spot to enter short
2. no set up, just thinking about the money
3. completely ignoring price action - higher lows
4. the only reason this trade is not an F trade is because I realized I was being a dumbass and cut the loss at only 4 points

Trade 2 - Long 1 MES @ 21 EMA Trap + Aggressive Entry + Price Action + Order Flow

Grade: B+



1. flipped the bias - good - just look at what the chart was doing lol
2. 21 ema trap - aggressive entry but order flow and price action made me feel more comfortable getting in where I did
3. trading with the trend - good
4. honestly I prob would have stopped out on this trade if I was using the 1 min chart because the PA looked a lot sketchier, but volume doesn't lie (the entry candle to the next green candle was probably like a 5-7min period so it was a lot harder to hold than it looks on this chart)
5. It also helped me to stay in this trade, and although I did trail my stop and get taken out before target (7609.50) it was still very good considering I was trading from the red

FAQ

What was the overall performance on August 3, 2026?

The overall performance for the day was a gain of $11.25 from two trades.

Why did the author struggle at the beginning of the day?

The author was initially focused on making money rather than analyzing the chart, leading to a poor short trade.

What helped improve the author's trading decisions?

Switching to the 2000 tick chart from the 1-minute chart helped the author better understand market trends and price action.

What was the outcome of the first trade?

The first trade was a short position that resulted in a loss, graded as a D due to poor entry and lack of setup.

How did the second trade perform?

The second trade was a long position that performed well, graded as a B+, despite being challenging to hold.