

Pod 3

By disciplined_daytrader · January 27, 2023

TL;DR

This blog post discusses trading strategies focusing on trusting your studies for conviction, recognizing market trends, and holding onto winning trades during trend continuations. It highlights the importance of understanding macro and micro trends for successful trading decisions.

1. Trust your Studies and use them for Conviction

[Macro Downtrend, Micro Uptrend, Intraday Downtrend: Trend Reversal Long \(tradejournal.co\)](#)

[Macro Downtrend, Micro Uptrend, Intraday Downtrend: Trend Reversal Continuation Long \(tradejournal.co\)](#)

[January 26th, 2022 \(+\\$15\) DRC \(tradejournal.co\)](#)

2. Hold Winners in Trend Continuation

[From 1 Good Trade to 3 Bad Trades - YouTube](#) EXCEPTION TO RULE

[Back in the GREEN - YouTube](#)

[Choppy Markets - YouTube](#)

[HOLD THE WINNERS - YouTube](#)

FAQ

What is the main focus of the blog post?

The blog post focuses on trading strategies, particularly the importance of trusting your studies and recognizing market trends for making informed trading decisions.

What are the key trading strategies mentioned?

The key strategies include trusting your studies for conviction, identifying macro and micro trends, and holding onto winning trades during trend continuations.

How does the blog suggest handling losing trades?

The blog emphasizes the importance of holding winners and suggests that traders should be cautious with losing trades, learning from them to improve future performance.

What does 'Macro Downtrend, Micro Uptrend' refer to?

This phrase refers to the analysis of larger market trends (macro) versus shorter-term trends (micro), which can help traders identify potential reversal or continuation opportunities.

Are there any video resources mentioned in the blog?

Yes, the blog references several YouTube videos that discuss trading strategies, including handling choppy markets and the importance of holding winning trades.