

Position Sizing = Risk Management (Trade All Markets) | May 2022 Recap

By winkler · June 2, 2022

TL;DR

This blog post discusses the importance of position sizing as a key component of risk management in trading across all markets. It provides insights into trading patterns, performance analytics, and personal trading statistics for May 2022, highlighting the need for cautious trading strategies in a volatile market.

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Quick Info

- Video Link: [Position Sizing = Risk Management \(Trade All Markets\)](#)
- [Day Trading Small Caps \(Unlimited\) Stats](#) (In review)
- [All My Portfolios](#)

Patterns & Overall P&L

- Profitable Day Trading Patterns by Ranking
 - [Frontside](#) = 1,535.02
 - [Ranging](#) = -24.40
 - [Backside](#) = -595.80
 - -----
 - [Total](#) = 914.82
- Quick Stats
 - Trading Half size roughly all month. Could step that up a bit. Trading normal size but just not going 2x to 3x on any trades that arn't really really nice. 5x outa the question in this market.

Performance Analytics Details

1. **Insights**
 - Pre-market just went dead
2. **P&L Calendar**
 - I broke my Holiday rule.. I should have never traded Friday.
3. **Running P&L Calendar**

FAQ

What is position sizing?

Position sizing refers to the amount of capital allocated to a particular trade, which is crucial for managing risk in trading.

How did the author perform in May 2022?

The author reported a total profit of \$914.82 for the month, primarily trading at half size and avoiding high-risk trades.

What trading patterns were highlighted?

The blog ranks profitable day trading patterns, with 'Frontside' being the most profitable at \$1,535.02, while 'Ranging' and 'Backside' showed losses.

What insights were shared about market conditions?

The author noted that pre-market conditions had become inactive, affecting trading opportunities.

What lesson did the author learn about trading on holidays?

The author acknowledged breaking their holiday trading rule, indicating that trading on Fridays was not advisable.